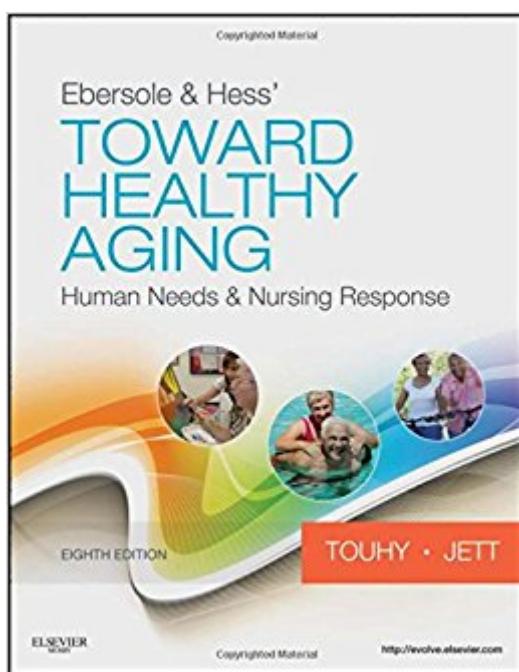


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# **Ebersole & Hess' Toward Healthy Aging: Human Needs And Nursing Response, 8e (TOWARD HEALTHY AGING (EBERSOLE))**



## **Synopsis**

Grounded in the core competencies recommended by the AACN in collaboration with the Hartford Institute for Geriatric Nursing, Ebersole & Hessâ™ Toward Healthy Aging, 8th Edition is the most comprehensive resource on health promotion and maintenance for older adults and their caregivers. With coverage of communication, safety and ethical considerations, new genetic research, key aging issues, and common and uncommon conditions, you will have the knowledge you need to promote healthy lifestyle choices, properly address end-of-life issues, and provide effective, holistic care for older adults. Consistent chapter organization with objectives, case studies with critical thinking questions, and research questions make information easy to access and use. A strong focus on health and wellness emphasizes a positive approach to aging. Disease processes are discussed in the context of healthy adaptation, nursing support, and responsibilities. Research highlights help incorporate the latest research findings into practice. Nutrition chapter includes the most current guidelines for older adults and addresses patientsâ™ dietary needs. Scales and guidelines for proper health assessment provide the essential information for assessing the older adult patient. Case studies with critical thinking questions offer realistic situations to expand your knowledge and understanding. Careful attention to age, cultural, and gender differences are integrated throughout and highlight important considerations when caring for older adults. Content grounded in the core competencies offers the knowledge needed to achieve the National League for Nursing ACES programâ™s Essential Nursing Actions and meets the Recommended Baccalaureate Competencies and Curricular Guidelines for the Nursing Care of Older Adults, the Geriatric Nursing Education State of the Science Papers, and the Hartford Institute for Geriatric Nursing Best Practices in Nursing Care to Older Adults. NEW! QSEN content highlights quality and safety issues students need to know when treating older patients. NEW! Chapter covering the role of communication emphasizes the importance of communication in improving care. NEW! Focus on genetics highlights the vast amount of new genetic research and its effects on all aspects of health and aging. NEW! Information on ethical considerations explores and illustrates potential issues when dealing with older adults. NEW! Healthy People 2020 information assists your students in integrating their knowledge about healthy aging considerations into care.

## **Book Information**

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## **Customer Reviews**

"The latest edition of Toward Healthy Aging should be on the shelf of every student and practitioner who cares for older adults, as well as those who teach them. The text is well written, timely, logically organized, and chock full of clearly presented, useful, state-of-the-science information that is easy to digest. Learning objectives, tables, boxes, figures, case studies , research features/questions and comprehensive references add to the pedagogical value of this important text." Kathleen Buckwalter, PhD, RN University of Iowa College of Nursing Iowa City, Iowa "Building on the excellent foundation of the 1st edition in 1981 by Drs. Ebersole and Hess, this 8th edition edited by Drs. Touhy and Jett effectively communicates the essential geriatric content required for competent practice with older adults. This book also goes beyond the typical health and psychosocial issues of late adulthood by addressing important topics that truly facilitate person-centered care such as the chapters describing the use of herb and suppliants, intimacy and sexuality, relationship, roles and transitions as well as self-care spirituality and transcendence. This high-quality book is a valuable core text for undergraduate nursing students and a superb reference for practicing nurses."

Elizabeth Capezuti, PhD, RN, FAAN Dr. John W. Rowe Professor in Successful Aging Co-Director, Hartford Institute for Geriatric Nursing New York University College of Nursing, New York

The book is pretty good. It gives you an informative insight on the aging process. I am so disappointed in Elsevier. Their website does not support this book in ways that really helps the students. The online questions relate to the text, however, the exam is totally the opposite. Not enough resources are provided for such a marvelous text. The case studies are pretty good; but your critical thinking questions are horrible. I am not finding good resources with this text on

Elsevier/evolve. The authors of the text bring it home with the aging process and the explanations on the aging process. They need to incorporate better resources with evolve because right now; evolve is useless for any kind of resources in regards to this textbook. Your online animations relate more to the Health Assessment textbook rather than the healthy aging. More research is needed for gracefully aging populations, and Elsevier/Evolve really need some improvements with their online resource services related to this text. The text gets 4 stars, Elsevier/Evolve gets 1 star.

When you shell out the same money for an e-book as you do for a printed textbook, you expect it to be a little easier to access. The display for the pages is mundane black-on-white text and sparse images. The reader you have to download for it is simplistic, sure, and allows for highlights and notes.... but I feel like it could be really improved upon. The formatting is extremely boring and while I haven't seen the original textbook in person, I have a hard time believing that it is so devoid of graphic design as this e-book is. It's like reading a 1980s tech manual. I didn't rate it below 3 stars simply because it at least allows you to download the textbook to several devices (iPod, iPhone, iPad, PC) without forcing you to rebuy it for a different format---which I have encountered before. And, at least, you can choose three colors of highlight? I guess that's pretty convenient. Otherwise, they need to work on that e-reader program. I would expect something better out of a company like Elsevier as they charge so much money and the online resources for their other textbooks I have are amazing. This is crap by comparison.

This book needs editing. So many misspelled words (they spelled 'beyond' as 'beyong'), repeat sentences, wrong words ("Generics" instead of "Genetics"), and excess punctuation everywhere. When you're reading and they say refer to figure 2.4 (or whatever number) you go there and that figure/table is NOT the figure related to the topic. This definitely does make you have to recheck and reread things because it gets confusing with all the bad grammar. I'm not sure whether or not to trust the reading itself because maybe they forgot to add the word 'not' in front of something.

Good resource book. Used it to take my certification exam as a Clinical Nurse Specialist.

It is nice that this book is paper back instead of hardcover. This cuts the price. I do have to agree with the other poster, there are a lot of errors that were missed when it was edited. Errors that make you question what you are reading. "With age, the inability to detect sweet taste seems to remain intact, whereas the ability to detect sour, salty, and bitter taste declines." (pg 245). I am only a student

but I know that my taste for sweet has never had a problem with inability. Just one of the examples that I have come across and I have only read five chapters so far. Besides the errors, the information is easy to read and easy to understand

easy to read, very helpful nursing dx

There are several errors the editors failed to correct in this book. There is a list of the top 5 countries with the longest life expectancy. Hong Kong is listed twice with different life expectancies. Some entire sentences are repeated. With these errors, one is left wondering what information is correct.

There were mistakes. It's as if there were no editors for this textbook. Then my teacher gave a quiz and guess what?... one of the quiz questions were from the mistake section... \*sigh\* -\_- don't worry I got it right, process of elimination. Enough said.

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